# **Boughton Village Matters**

Deadline for the September issue is 23 August

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# Welcome to July's BVM

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#### **BOUGHTON'S LUCY RAISES THOUSANDS IN EPIC CYCLE RIDE**

Lucy Smith from Spinney Close has helped raise over £22,000 for local charity Thomas's Fund after cycling from Land's End to John O'Groats on a tandem. Lucy co-founded the charity, which provides music therapy for children with life-limiting health conditions. First Covid delayed the ride and then two emergency back operations meant that Lucy's husband Tim was unable to partner Lucy. Thankfully, friends stepped in for Tim, who formed part of the support crew on the trip. Well done Lucy and team!

#### **NEW FACES ON PARISH COUNCIL**

Boughton Parish Council co-opted two new councillors at the last meeting: Frances King, who lives at Buckton Fields, and Andy Gibson who lives in Boughton village.

#### JUBILEE MUGS - A GIFT FOR VILLAGERS

There are still some Boughton jubilee mugs available for any villagers that would like one. They were designed by children from Boughton Primary School and paid for by BVM and the Parish Council. Please contact charlotte@mackaness.net if you or someone you know of living in the village would like one.

#### MONTHLY VILLAGE HALL COFFEE MORNINGS

The next coffee morning is Wednesday 6<sup>th</sup> July from 10am-12pm. Anyone of any age welcome to come along to meet old friends and make new ones. Thank you to Smiths Farm Shop for providing a cake and to the volunteers who help. Cake donations would be most welcome. Please contact Jenny Bullock for more information jen3gables@gmail.com

## **BOUGHTON POCKET PARK NEEDS YOUR HELP**

The volunteer committee that runs Boughton Pocket Park is in desperate need of volunteers. The committee meets once every couple of months. It is very relaxed and often at the pub now lockdown is over. If you use the park to walk your dog or to play with your children, please think about giving something back. The next meeting is 12<sup>th</sup> July at 8pm in the Pocket Park. It would be great to see some new faces!

### WARM WELCOME FOR BOUGHTON'S UKRAINIAN GUESTS

Those hosting Ukrainian families staying in the village would like to thank everyone who has made our Ukrainian guests feel so welcome since they arrived in Boughton. Thank you also to everyone who has contributed to the Parochial Church Council's fund. This has proved invaluable, especially in the first weeks, to those families that are now living in the Parish. It has helped cover everything from bus passes and food to English lessons. For more info or to contribute, contact the Rector, Reverend Stephen Trott boughtonchurch@gmail.com

#### CHILDREN'S SOCIETY COLLECTION

"Thank you for your contributions to the Children's Society," writes Helen Coghill. "The collection came to £168 and there was a mixture of coins and notes. I plan to continue the collection every six months but if any of you feel the box collection is an outdated method of giving and would prefer to send a donation to the charity directly, please let me know."

#### TALKS WITH COLLEGE OVER RIGHT OF WAY

The chair of the Parish Council, John Shephard, has met with the Moulton College regarding the fencing that has been erected around the Grotto and surrounding land. Hopefully we will be able to report in the next issue of BVM that the right of way is still accessible.

#### HISTORIC CHURCHES BIKE RIDE

10<sup>th</sup> September is the date for the Historic Churches bike ride around as many local, historical churches as possible to raise money for charity. More information to follow in September's BVM.

#### **RETHINK ON VILLAGE WI**

Because of a lack of interest or volunteers willing to commit to the structure demanded by the WI, Boughton is going to have a women's group instead. The plan is to have something less formal and with less initial pressure that can hopefully develop gradually and organically. The first meeting will be on 19<sup>th</sup> September from 7pm until 9pm. This should allow plenty of time to get some activities planned for the autumn and winter months. If you have any queries or suggestions of things for the programme, please contact Marion Knight marion.knight.boughton@outlook.com

## **DATES FOR YOUR DIARY**

Live band Fynnius Fogg is coming to the Village Hall on 12<sup>th</sup> November for a FaceFax fundraiser. London's City Chamber Choir is to return to Boughton this December to perform a charity Christmas concert on 3<sup>rd</sup> December. More info in future editions of BVM.

## **BVM'S ANNUAL SUMMER BREAK**

As usual, there will be no Boughton Village Matters in August. Please be sure to send in new items ready for September. Urgent news will be shared via the newsletter's Facebook page. You can also keep up with Parish Council news via its new Facebook page.

# **EASY GREEK HOLIDAY SPINACH PIE**



#### Ingredients –

1 pack of ready-made filo pastry

2 eggs

200g feta cheese

100ml milk

2 large onions

Handful of dill, mint and parsley

1 clove garlic (optional)

1kg spinach plus vegetables of your choice

Line a tin with pastry, leaving some pastry aside to make a top. Mix all the other ingredients together well and cover the pastry in the tin, leaving the edges uncovered. Cover this with your pastry lid and press down at the edges. Bake in the oven for 45 minutes at 200C.



# BARKING MAD: observations of a spaniel

Last month you might remember me writing about how grateful I was to my dad Tony for saving my life when I fell in that pond at Pitsford. Well now I'm having to feel grateful for his life being saved. Whatever next?

He'd been complaining he felt breathless, just walking me up Church Street, of all things. And he told my mum Marie it was getting worse as the Jubilee Weekend approached.

I was very cross when they told me I couldn't come to the Jubilee Picnic in the park. They were frightened I might get off my lead again and steal more sandwiches. As if?

And anyway, my dad said he would be busy running what they call the "welly wanging" competition.

It seems picking up all those wellies and handing them to the queue made him feel even worse. But he was very lucky when his friends, Auntie Helen and Uncle Stuart, who are retired doctors, took one look at him and advised him to go to hospital.

So he came home and soon after that, two ladies they call "paramedics" arrived. I sat and watched as they tested him and then they whisked him away in something called an ambulance.

My mum was very upset when the hospital phoned to say that at some point he'd had a **heart attack!** I'm not sure what that is, but it meant he didn't come home for four nights.

When he did, he told us he'd had some funny things called a "stent" and a "pacemaker" put inside him.

He says he feels as right as rain now but he has to watch what he eats because of something called cholesterol. And that includes not eating cheddar cheese, which both of us really do love.

I'm glad he feels better but how am I going to persuade him to keep on buying cheddar just for me? Have a heart, dad!

Heidi



# HIRE BOUGHTON VILLAGE HALL

MEETINGS, WEDDING RECEPTIONS, CHILDREN'S PARTIES, DANCES AND FUNDRAISERS

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